The School Based Autism Program collaborates with local schools and service providers to support the needs of individuals ages 4 to 22 in the public school setting. This program serves individuals with Autism Spectrum Disorder (ASD) and other developmental and intellectual disabilities. The program provides consultation and/or 1:1 supports from a behavior interventionist to increase prosocial skills and decrease maladaptive behaviors. All programming and interventions are developed under the theory of Applied Behavior Analysis (ABA) which is an evidence based practice to implement programming to achieve individual goals. The School Based Autism Program values individualizes programming and takes a family centered approach in helping these individuals learn skills that support them remaining in their local community.

NCSS' Applied Behavior Services Center is located at 12 Houghton Street and 12 Crest Rd Suite 12 in St. Albans. The Applied Behavior Services team provides Applied Behavior Analysis (ABA) programming for children of all ages diagnosed with Autism Spectrum Disorder, Developmental Delay, and/or Intellectual Disabilities. Response from children and families has been overwhelmingly positive. Parents have reported feeling very fortunate to have a space dedicated to Applied Behavior Analysis here in our own community.



Organized by

### NORTHWESTERN COUNSELING

& SUPPORT SERVICES

107 Fisher Pond Road, St. Albans, VT 05478 (802) 524-6554

www.ncssinc.org

For more information, including pledge forms, contact Joe Halko at: 524-6555 extension 6414 or email: jhalko@ncssinc.org or online at ncssinc.org





# Autism Walk

of Northwestern Vermont



# Sunday, April 28, 2019

Registration begins at 12:30 pm Walk begins at 1:00 pm

Collins Perley Sports & Fitness Center St. Albans, Vermont

Organized by

NORTHWESTERN COUNSELING

& SUPPORT SERVICES

\*In the event of unfavorable weather, this event will be moved indoors.



6TH ANNUAL AUTISM WALK

Save the date for the 6th annual Autism Walk of Northwestern Vermont, organized by Northwestern Counseling & Support Services (NCSS) on Sunday, April 28, 2019 at the Collins Perley Sports & Fitness Center - 890 Fairfax Road in St. Albans, VT.

The Autism Walk of Northwestern Vermont is a walk in which anyone can participate including, children, young adults and adults diagnosed with autism spectrum disorder (ASD), family members, friends, healthcare professionals, corporate teams and members of the community – all are welcome!

The walk promotes the rights of individuals with autism and encourages respect for their differences. Today, one in 68 children and one in 42 boys, are diagnosed with ASD, according to

the Centers for Disease Control. Autism is the fastest growing serious developmental disability in the U.S.

#### DAY OF EVENT SCHEDULE

12:30 pm Registration begins

**12:55 pm** Pre-walk

announcements and meet us at the

start line.

1:00 pm 6th Annual

Autism Walk

**1:30 pm** Post-walk activities

plus, complimentary food and beverage.

**All Day** Free face painting,

bouncy house, sensory

toy station, bowling station, music, information about NCSS' autism programming and other community supports.

#### WHAT IS AUTISM?

The CDC defines ASDs as a group of developmental disabilities that can cause significant social, communication and behavioral challenges. Children with autism may have a serious lifelong disability. However, with appropriate treatment and training, some children with autism can develop independence in their lives. Parents support their children with autism in developing skills that use their strengths so they will feel good about themselves.

#### NCSS SERVES CHILDREN AND ADULTS WITH AUTISM SPECTRUM DISORDERS

Given the sharp increase in ASDs and increased needs in the community, NCSS provides wrap-around services to accommodate the entire spectrum.

# ARRAY OF AUTISM PROGRAMMING

The Children, Youth & Family Services and Developmental Services (DS) Divisions collaborate to provide supports for children and families from birth to 22 years old through an array of programs. After age 22, the adult with autism will transition to other strengths-based programs within the DS Division, where the unique needs of each individual are met.

The Developmental Services staff assists individuals to exercise their citizenship in a number of ways, and NCSS has several programs for adults with autism as they transition from school-aged to adulthood, including Adult Services, Employment Services, Program for Adaptive & Expressive Arts (PAEA) and Shared Living Services to name a few.

#### 2019 AUTISM WALK

WHEN: Sunday, April 28, 2019.
Registration at 12:30 pm.

WHERE: Collins Perley Sports & Fitness Center - 890 Fairfax Road in St. Albans, VT.

WHO: Children, young adults and adults with autism, family members, friends, healthcare professionals, corporate teams and members of the community – all are welcome!

**WHY:** The Autism Walk is a walk in which anyone can participate.

#### **DONATE**

Please make checks payable to:

NCSS – Autism Walk 107 Fisher Pond Road St. Albans, VT 05478

#### Create a team!

Bring your family, friends, co-workers, class members, etc. and give back to your community. Enjoy the beauty of a Vermont spring day while raising awareness and promoting the acceptance and inclusion of people with ASD.

SUPPORTER'S NAME	DONATION

#### **Funds Make A Difference Locally**

NCSS was the first organization in Vermont to be accredited for an autism program. In fact, the NCSS autism program is also the 1st in Vermont and, at the time, 5th in North America to be accredited as a program that serves both children and adults.

Autism Walk

of Northwestern Vermont



## PLEDGE FORM

**SUNDAY, APRIL 28, 2019** 

**DAY OF EVENT SCHEDULE** 

**12:30 pm** Registration begins

**12:55 pm** Pre-walk announcements and meet us at the start line

**1:00 pm** 6th annual Autism Walk of Northwestern Vermont

**1:30 pm** Post-walk activities plus, complimentary

food & beverage

**All Day** Free face painting, bouncy house, sensory toy station,

bowling station, music, information about NCSS' autism programming and other community supports

The Autism Walk will be held at the Collins Perley Sports and Fitness Center in St. Albans, Vermont.

Organized by

NORTHWESTERN COUNSELING

### 2019 AUTISM WALK PLEDGE FORM

#### Instructions:

- 1. Fill in name, team name (if applicable), address, phone number and email address of the individual collecting pledges.
- 2. Ask donors of \$25 or more to write in their mailing address to receive a receipt for tax purposes.
- 3. Make donations in cash, check, or money order payable to **NCSS Autism Walk.** Specify individual name or team name on all checks. All contributions are tax deductible as allowed by law.
- 4. Individuals who raise \$100 or more will receive a FREE Autism Walk of Northwestern Vermont T-shirt OR T-shirts will be available for purchase at \$12.00 each.
- 5. All contributions must accompany this Donation Form.
- 6. Bring to the Autism Walk on the day of the event or mail donations to NCSS, 107 Fisher Pond Road, St. Albans, VT 05478.
- 7. The Autism Walk will be held at the Collins Perley Sports and Fitness Center in St. Albans, Vermont on Sunday, April 28, 2019 with registration beginning at 12:30 pm.

Name:		
Feam Name (if applicable):		
Street Address:		
City:	State:	_ Zip:
Daytime Phone:		
Email:		
Total Collected:		

#### Create a team!

Bring your family, friends, co-workers, class members, etc. and give back to your community. Enjoy the beauty of a Vermont spring day while raising awareness and promoting the acceptance and inclusion of people with ASD.

SUPPORTER'S NAME	DONATION