

NORTHWESTERN COUNSELING & SUPPORT SERVICES
107 FISHER POND ROAD
ST. ALBANS VT 05478

BOARD OF DIRECTORS MEETING MINUTES

APRIL 4, 2018

Present: Sara Kittell, David MacCallum, Jeff Moreau, Jason Minor, Jesse Bugbee, David Hutchinson, Carl Rosenquist, Betty Charron, Ken Gagne, Anjanette Watson, Dan Thompson, Jim McMillan, Tony Treanor

Excused: Angela Poirer, Elaine Carpenter

Staff: Emily Richards, Todd Bauman, Tim Gallagan, Steve Broer, Joe Halko, Danielle Lindley

Minutes received and meeting called to order by Jim McMillan at 5:47pm.

Motion was made to approve previous minutes by Dan Thompson. Second by Carl Rosenquist. All in favor.

Executive Director Report

One Care has invited us to do a presentation this April or May to legislative parties on our ED results. Todd pulled up a slide with the data that has been collected. The thought behind this is to bring care up stream instead of waiting for people to need it. Can we keep people out of the emergency department at the hospital by providing a strong care coordination? We surveyed 48 people that were high utilizers (which means 3 times within 3 months) of the emergency department. With our data we have seen a 37% reduction in visits. The question was asked by Jesse Bugbee is we can quantify the cost savings that is happening associated with this data? That is something that is being worked on; we do not have access to the ER's records so we are working on it. Jason Minor said that one Care has data down to the patient so it should be pretty reliable. We are really focusing on the overall wellness such as housing, diet, jobs and physical health to achieve that coordination of care. Kenny Gagne asked if someone needed a home not a bed do we have a service for that yet. We do, and that is one of the things we are working with, lets help people thrive in their current home instead of finding them a new one. David Hutchinson asked if this kind of approach is being used in the corrections system. We aren't sure, but we do it well so we should show everyone; so it is hard for other organizations not to follow. David Hutchinson also asked if other DA's are doing this, and the answer is yes but not as structured as our program. Washington County is the one that is most similar and their results are about the same. Now what we need to do is figure out how to create a funding mechanism to help keep the program moving forward.

Health Care Reform is moving along. Todd presented the slides he presented to our Leadership team. Our current structure is the money comes from the state than it is spread to the 10 DA's. This structure is a fee for services plan, the more you serve the more money you get. The new plan is a quality of services based plan; it will be based on quality and outcomes. We believe with the new plan the money will not come from the state. We are hoping it will go to the Green Mountain Care Board and they will disperse it. We are not sure yet but it is in the works now.

NORTHWESTERN COUNSELING & SUPPORT SERVICES
107 FISHER POND ROAD
ST. ALBANS VT 05478

We have done this kind of process for a little while now with IFS, so we are being asked to come the meetings and help make these plans happen. This is going to be a very time consuming process so we will have many more updates. The time frame for this is to be complete by 2020. We are doing well right now, so if we continue doing what we do, we will be fine no matter where the money comes from. The question was asked if we have been getting the money from the 1st reform and blue print. The answer is yes, with the blue print money being level funded it is running low.

Financials

- Fiscal Year 2018 stands at a \$1,418,283 gain through February 28, 2018, which is slightly ahead of most recent prior year performances. This includes setting aside funds for contingencies discussed at the March Board meeting.
- Proposed case rate bundles have been received from the State. We are in the process of reviewing and providing feedback on both the financial and service level component.
- Board would like a comparison of other DA's financials at the next meeting but not always.
- Kenny Gange is going to speak to Kathy about best way to be an advocate for the DS cuts that are possible in the near future.
- Jason Minor asked how our gain tracks with our expenses and Tim pointed out the last two slides that show daily salary and non-salary compared to our gain. We are in a great place with our financials.
- Jesse Bugbee asked about the 4 million spent on claims and how that happened. Tim said it was all based on timing, and he confirmed that with Richard's Group.

Board Business

Nothing to report.

New Business

Anjanette Watson told us about a young man she knows that is currently working at Hannaford because he never heard back from us on an application he submitted. She asked what our practices were around hiring. Everyone who submits an application gets acknowledged. He must have just slipped through the cracks. Danielle is going to talk to Anjanette about this young man and get to the bottom of it.

Kenny Gange asked about past employees coming back to work. Todd said it all depends on the situation. He was talking about himself, so he was told to talk to Kathy about it.

Motion to adjourn made by David Hutchinson at 6:45 pm. All in favor.

Minutes recorded by:
Emily Richards
Executive Coordinator