

NORTHWESTERN COUNSELING & SUPPORT SERVICES
107 FISHER POND ROAD
ST. ALBANS VT 05478

BOARD OF DIRECTORS MEETING MINUTES

MAY 1, 2019

Present: Anjanette Watson, Rob Hirss , Carl Rosenquist, Tony Treanor, , Jason Minor, Dan Thompson, Ken Gagne, Jim McMillan, Sara Kittell, Betty Charron (Non Board Member), David MacCallum (Non Board Member)

Excused: Elaine Carpenter, Jeff Moreau, Angela Poirier,

Staff: Emily Richards, Todd Bauman, Tim Gallagan, Joe Halko, Kathy Brown, Stacey Remillard, Kim McClen

Minutes received and meeting called to order by Jim McMillan at 5:51pm.

Dan Thompson made a motion to approve the minutes from the last meeting as presented. Carl Rosenquist second. All in favor.

Presentation

Melissa Gaudio – The relationship between school attendance and health: The whatever it takes approach

Executive Director Report

Very large loss here with in the agency, Karen Martell passed away unexpectedly last week. Our team is really coming together around this. There has been a large outpouring of support. Kim and her team are putting together a plan to continuing the work that Karen did for the organization.

Community Health Needs assessment was done on NMC and two weeks ago they presented the results. It was a nice evening and there were many things that we will need to partner with them to help address. The top 5 items on the list were Mental Health, Obesity, Suicide, Domestic/Sexual Assault and Food Insecurities. We already have programs that can help with all of these items. None of the items were a surprise. One of the things that Jim took away was the fact that NMC can't do this by themselves and we can't do this ourselves, we need to work together.

Did they do the assessment themselves? They brought in a company called quorum to conduct the service. We are not sure what the process looked like; Todd was not involved in it. Jason has said that he could connect NMC with others who do the same process to share how others are conducting community needs assessments. We are learning that none of this can be done alone; they are going to need our help. Potential strategy, NCSS, Home Health and NOTCH come together and approach NMC with plans and suggestions.

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Kenny went to a Green Mountain Self Advocacy conference. He did not get to go to any breakout sessions because they were all full. It was packed. He will recommend that they get a bigger venue.

Financial Report

We are at a 1.8 million gain, which is slightly ahead of last year. We will plan on ending the year larger than the past 2 years.

Tim has received the 2020 budget and he and his team have been working on it. It is due the end of June and will present on it to the board next month

The building we are looking at a replacement for Bayview Crisis Bed has come in at a little lower price and we should close on the property this month.

There are few capital work projects that are due to be completed this summer.

DS is looking at their reform as a program reform not payment reform and is pushed to July 2020.

Executive Board Report

Please sign the card for Karen's Family. Thank you to Kathy for working with the State to get a waiver on the ADA compliance on the Berkshire program. There were some ADA changes that the state was requesting we make to the house. But with Kathy's help the state has given us a waiver on it for now.

BH

We worked with the standing committee on the hospital re-do of their new beds. We have also be working on the new Bayview location.

Mobile Outreach is going really well. We have been working with the ED and the people who don't want to work with us in general. Cooper the service dog should be here this month with Nic who is embedded with the state police.

Night of the Arts is May 23rd and all are welcome.

CYF

Danielle is not available so Todd gave the update. One of her teams coordinated and kicked off the Family Institute Night for the community at BFA Fairfax.

We provided MHFA to a group of veterans in Burlington

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DS

We have starting to work on our own Utilization review. We are focused on our high users

We are going through some staffing changes and so we are trying to be creative and work with what we have and keeping these key people at the agency, but still getting the work done in the best way possible.

Berry Hill Respite Beds are full and working really well.

Community Realties

May is Mental Health Awareness Month.

Next week is Children's Mental Health Awareness Week.

Deb Babbie and Tony Stevens presented to the Community Partner Meeting and it was the most interactive presentation that we have had in a while. They really wanted to talk about the Suicide Savior Support Group.

Autism Walk this past Sunday, We had less people but raised more money.

Community Partners Classic Golf Tournament – There have been some changes and the biggest is it is just NCSS and NMC. We will have one flight of golfers

Human Resources

BFA Tech Center Partnership is going well. We are getting ready to do another discussion panel with them. The tech center will be here to do community service work for the second year. We will also we will be doing a video project to promote human service, with the hope to fill our workforce gap in the years to come.

Quality and Risk Management

We got our final letter of re-designation and had to submit a plan on how we were going to fix 2 things. One thing was updating language in the G&A process and updating our bylaws. The changes have already been made to the G&A process. Kim will make the edits in track changes for the bylaws and bring it to the board to review. It will be a couple month processes.

For the payment reform and our Bundle we are in a good place with the target rates.

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UEMRVT the update was in the packet. We will continue to share as we get them. The date did get pushed back due to the concern with Holiday's and the training process. We are also deciding if we build DS as it is or what it will be.

New Business

Legislature update, There has been a law to raise the age of purchasing cigarettes and vaping products to 21. There are not many things that happening in the schools around the big problem of vaping. We will also increase the tax on the vaping products; these will now go to the senate. And they should be passed in July.

Motion to adjourn was made by Carl Rosenquist. Second by Tony Treanor. All in Favor

Meeting adjourn at 7:31pm

Minutes recorded by:

Emily Richards

Executive Coordinator