

NORTHWESTERN COUNSELING & SUPPORT SERVICES
107 FISHER POND ROAD
ST. ALBANS VT 05478

BOARD OF DIRECTORS MEETING MINUTES

JAN 3, 2018

Present: Ken Gagne, Jim McMillan, Jesse Bugbee, Jeff Moreau, Betty Charron, David MacCullum, Tony Treanor, Elaine Carpenter, Sara Kittell, Jason Minor

Excused: Anjanette Watson, Dan Thompson, Angela Poirer, Carl Rosenquist, David Hutchinson

Absent :

Staff: Kim McClellan, Joe Halko, Stacey Remillard, Steve Broer, Kathy Brown, Todd Bauman, Tim Gallagan, Kim McClellan, Danielle Lindley

Meeting called to order by Jim McMillan at 5:49 pm.

Motion was made to approve previous minutes by Jason Minor . Motion seconded by Jesse Bugbee. Minutes will be amended to reflect that Ted Mable was not in attendance. All voted in favor.

Presentation

Presented by:

Todd introduced the following staff to discuss their positions and the value they bring to the agency:

Karen Martell, Nancy Taylor, Matt Peret, Margaret Maley.

Matt Peret works in a doctor's office providing mental health support and help with basic needs. Meeting right in the office allows more people to receive mental health care. Working with doctors and patients in a trusted place, Matt is able to see his work make a real difference. Margaret Maley is the Early Childhood Resource Team Leader. Her team is comprised of child care support services, employment consultation and financial benefits for young parents, and collaborative early childhood prevention initiatives. They offer financial assistance and case management to early care providers and families. The various programs provide financial assistance for child care, access to nutrition education, and supplementary income for families across the lifespan into adulthood.

Karen Martell's team provides coordination of care, trainings and supports for consumers and staff in order to ensure the compliance of all documentation and billing to maximize the agencies financial viability. In order to stay financially viable with health care reform her team will adapt quickly to changing state and federal regulations. They support unification with other Designated Agency's to become an influential player in health care reform.

Nancy's team supports people in finding meaningful, competitively paid employment which is a right for all people. Their goal is to maximize independence and decrease the need for support through the right job matches. Her team believes self-worth increases through employment.

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Executive Director Report

Todd discussed Emergency Department data; there has been a 37% reduction in ED visits.

There will be a meeting with AHS and DMH to discuss ways that NCSS can improve quality of care and save money for the state.

The board expressed interest in taking a tour of Mapleville in the spring. Also expressed interest in holding a meeting at Soar Learning Center, taking a tour, and hearing a presentation about programming at SLC.

Executive Committee Summary

Jim McMillan is pleased to the new president. He is looking forward to the opportunity!

Behavioral Health Divisional Report

The Standing Committee did not formally meet in November and instead maintained the tradition of attending the NCSS Annual Dinner with the Board, staff and community partners. The Integrated Health initiative in primary care continues to develop with practices and we are working closely with the Children, Youth & Family division on a new grant with the Northern Tier Center for Health (NOTCH) to meet the needs of youth who either experience, or are at risks of serious emotional disturbance and their families.

Children Youth and Family Divisional Report

The ABS has been very successful!

Developmental Services

Due to such success, it looks as though Richford will be adding a step down bed and crisis bed. There has also been a state-raised cap increase for Berkshire.

Quality and Risk Management

CARF is visiting on February 12 and 13th. We are in the process of undergoing a Centers for Excellence peer review; currently looking at May.

Financials

- Fiscal Year 2018 stands at a \$687,680 gain through November 30, 2017, which is ahead of most recent prior year performances.
- Payment reform will be a major initiative through the spring of 2018 with the State considering several bundled payment options for DA services.
- Re-paving of 107 FPR (Sidewalks are complete and paving scheduled for spring).
- NMC parking lot divider (Signs are installed and their effectiveness will be evaluated.)
- Mapleville Depot renovations & setup (Targeting startup this week)
- 22 Upper Weldon driveway replacement (Postponed until next Spring/Summer)

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Adjournment

Motion to adjourn made by Tony Treanor at 7:27 pm . Motion seconded by Jason Minor. All in favor.

Minutes recorded by:
Meredith Vaughn
Executive Coordinator